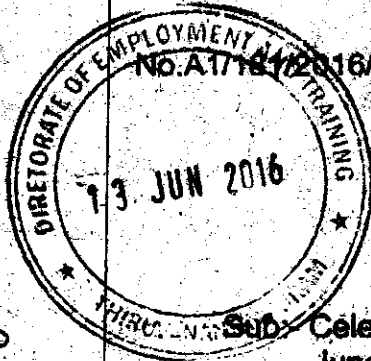




GOVERNMENT OF KERALA

Ayush (A) Department,  
Thiruvananthapuram,  
Date: 07.6.2016.



**CIRCULAR**

Sub: Celebration of International Day of Yoga within the State on 21<sup>st</sup> June, 2016 - Reg  
Ref:- D.O Letter No.S-11012/6/2016-IEC dated 29-03-2016 from Sri.Ajith M.Shran,Secretary,Ministry of AYUSH,Government of India. (copy enclosed)

As per the direction of Government of India, State Government have decided to celebrate 2<sup>nd</sup> international Yoga day 2016 on 21<sup>st</sup> June 2016 with state level function at Central Stadium, Thiruvananthapuram. The celebration of International day of Yoga would involve a very elaborate training programme on Common Yoga Protocol as well as discourses, lectures and talks by eminent Yoga experts. The main programme would be the mass yoga demonstration from 7 a.m. to 8 a.m by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. Other events could include yoga fests, seminars, workshops and musical and cultural programme based on yoga involving students from schools, college, Universities and various youth organizations such as NYKS, NSS, Resident Welfare Association and Civil Society organisations working in the filed of Yoga.

In the circumstance Government hereby instruct all District Collectors, Heads of Departments, Heads of Public Undertakings and Autonomous Bodies to hold a mass Yoga demonstration at the State /District /Block/ Panchayath level on 21<sup>st</sup> June, 2016 (Tuesday) from 7 a.m. To 8 a.m as part of the celebrations throughout the State. Apart from mass yoga demonstration, all Government Offices and Educational Institutions shall organize symposiums /Seminars / workshop training sessions on Yoga to generate awareness about the benefits and therapeutic values of yoga. An Instructional booklet detailing the Common Protocol of various Yoga Assanas prepared by Ministry of Ayush has been uploaded on the Ministry's website [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in) for detailed information.

S.M. VIJAYANAND,  
Chief Secretary.

To

The Secretary, Government of India, Ministry of AYUSH, Ayush  
Bhavan B-Block, GPO Complex, INA, New Delhi-110023 (with C/L)  
All additional Chief Secretaries / Principal Secretaries / Secretaries  
Special Secretaries

3

- ✓ All District Collectors (They should ensure that the Circular is communicated to all sub offices under your administrative control)
- ✓ All Heads of Departments (They should ensure that the Circular is communicated to all sub offices under your administrative control)
- ✓ Heads of all Public Sector Undertaking and Autonomous Bodies
- The Secretary to Governor, Raj Bhavan, Thiruvananthapuram (with C/L)
- The Secretary, Kerala Legislature, Thiruvananthapuram (with C/L)
- The Secretary, Kerala Public Service Commission, Thiruvananthapuram (with C/L)
- The Advocate General, Advocate General's Office, Ernakulam (with C/L)
- ✓ The Registrar General, High Court of Kerala, Ernakulam
- ✓ The Registrar, Kerala Administrative Tribunal, Thiruvananthapuram
- ✓ The Registrar, Kerala Lok Ayukta, Thiruvananthapuram
- ✓ The Member Secretary, State Planning Board, Pattom, Thiruvananthapuram
- ✓ The Secretary, State Information Commission, Punnery road, Thiruvananthapuram
- ✓ The Registrar, all the Universities in the State of Kerala.

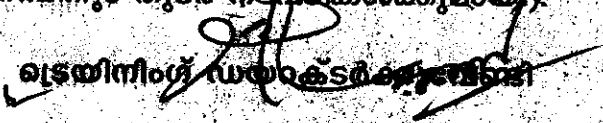
Forwarded / By Order



Section Officer

കീഴെപ്പറയുന്ന നമ്പർ E5/15853/16 തീയതി 15.06.2016

എല്ലാ ഐ.ടി.ഐ പ്രിൻസിപ്പാൾമാർക്കും അറിവിലേക്കും മേൽ നടപടികൾക്കുമായി (അറിവിനും തുടർ നടപടികൾക്കുമായി)

ഉടയിനിംഗ് ഡയറക്ടർക്കുമായി  




श्री अजित मोहन शरण  
AJIT M. SHARAN



एक कदम स्वच्छता की ओर

3379/misc/101

नाचव

सरन सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा  
यूनानी सिद्ध एवं होम्योपैथी (अरुण) मंत्रालय  
आयुष भवन, 'बी' ब्लाक, जो.रा.ओ. कम्प्लेक्स  
आई.एन.ए. नई दिल्ली - 110023

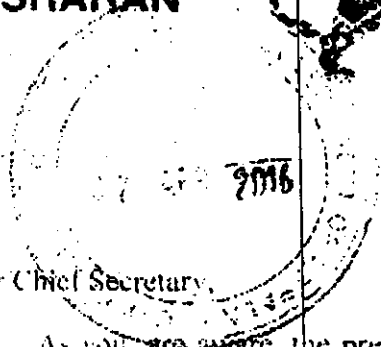
SECRETARY  
GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDHA AND HOMOEOPATHY, AYURVEDA  
INA, NEW DELHI - 110023

Tel. : 011-24651950. Fax : 011-24651947

E-mail : secy-ayush@nic.in

D.O.No.S-11012/6/2016-JC

29<sup>th</sup> March, 2016



Dear Chief Secretary,

As you are aware, the preparations for the celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016 are underway. The Government of India has decided to take forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. The main programme would be the Mass Yoga Demonstrations from 7 AM to 8 AM by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. For this purpose, the CYP developed last year has been further revised. Other events could include Yoga Fests, seminars, workshops and musical and cultural programmes based on Yoga involving students from schools, colleges, universities and various youth organizations such as, NYKS, NSS, RWAs, etc.

2. The booklets on Common Yoga Protocol, both in Hindi and English, are ready and would be sent to the State Governments through your Resident Commissioners. The DVD on the same would also be sent by the middle of April, 2016. The Ministry has also written to UGC, Bharat Scouts and Guides, NYKS, NSS and other such organizations to participate in the celebrations of IDY-2016. They may also be provided necessary support by the State Govt.

3. The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol as well as discourses, lectures and talks by eminent Yoga experts. Various reputed and eminent Yoga institutions have agreed to support the efforts of the State Governments by providing training to trainers and other expert advice in celebration of International Day of Yoga, 2016. The list of Yoga institutions alongwith their designated States/UTs is enclosed.

4. The State Govt. is also requested to encourage use of locally made Yoga mats, preferably with the locally available raw-material to provide employment opportunities to small artisans and entrepreneurs. Some of the PSUs like North-East Handicrafts and Handloom Corporation are manufacturing such Yoga mats prepared from the locally available raw-material.

5. I would be grateful if you could issue necessary instructions to all concerned to celebrate this mega event by ensuring participation of all sections of the population especially the youth.

With kind regards,

Yours sincerely

Encl: As above

*Ajit M. Sharan*  
(Ajit M. Sharan)

All Chief Secretaries of States  
Administrators of UTs